

Welcome



Welcome to The Cloisters

The stress and pace of modern day life puts increasing strains on our bodies, even our minds. Fitness and mobility are essential to everybody's general health and well-being. To help you achieve and maintain your best level of mobility after illness or injury, The Cloisters offers exceptional treatment in the Warwickshire area.

For over 25 years, The Cloisters has built up a deserved and unrivalled reputation for a quality, professional and multi-disciplinary service, working closely with GP's and Medical Consultants.

We are located on the south side of Leamington Spa in an attractive, purpose-built and award winning premises converted from a nineteenth century coaching house and stables. There is plenty of free on-street parking around the Clinic and most treatment rooms including the gym are on the ground floor.

All our Physiotherapists are members of the Chartered Society of Physiotherapists and registered with the Health and Care Professions Council.

Our Approach

The Cloisters takes a holistic approach to your physiotherapy needs. Following a detailed and comprehensive assessment of your problem, a treatment programme is discussed and planned with you. Treatment sessions are usually 30 minutes depending on your needs, and we also know that time is important to you so we strive to provide prompt treatment at times that suit your commitments.

Our team of Chartered Physiotherapists have post-graduate qualifications in:

- Vertebral mobilisation and manipulation
- Musculo-skeletal problems
- Sports Injuries, including foot biomechanics
- Neurological disorders
- Acupuncture for pain

We also provide a domiciliary service (home visits) for those who may struggle to get to the Clinic. Please call for more information regarding this service.

Pilates & Tai Chi

We run several Pilates and Tai Chi classes, and most are taught by physiotherapist's. To check availability and book your place, please call our Reception team.

Please note if you are new to Pilates or Tai Chi an assessment may be required.



Pilates & Tai Chi



Room Hire

We have a number of rooms available to hire. All come with a reception service. Flexibility to make and cancel bookings is provided via our bespoke online room booking system, and if you need access outside our normal working hours this can also be facilitated.

Rooms Available On the first floor

- Two counselling rooms, each with three comfortable chairs and a table
- One room suitable as a counselling or treatment room, with three chairs and an adjustable treatment couch
- One treatment room, with an adjustable treatment couch, wash handbasin and wood flooring

For more information on room hire, please contact us on 01926 316420 or email physio@thecloisters.co.uk

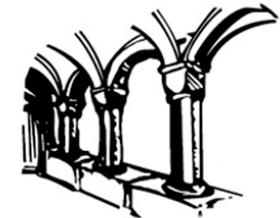


How to Find Us



Leamington Spa

THE CLOISTERS



THE CLOISTERS

Opening Times

Three great reasons to choose The Cloisters

1. We have **no waiting lists**, and can usually book you in the same week
2. No insurance? No problem! You do not have to have medical insurance to receive treatment
3. You don't have to have a GP referral to make an appointment, saving you time

If we haven't been able to answer all your queries in our leaflet, please call. Our friendly team of receptionists are always on hand to assist you.

Lower Leam Street, Leamington Spa, CV31 1DJ
www.thecloisters.co.uk
 Email: physio@thecloisters.co.uk

01926 316420

[Facebook.com/cloistersphysiotherapy](https://www.facebook.com/cloistersphysiotherapy)

Tweet @CloistersPhysio



Day	Hours
Monday	8.00am – 8.00pm
Tuesday	8.00am – 8.00pm
Wednesday	8.00am – 5.00pm <i>Reception open until 8.00pm</i>
Thursday	8.00am – 8.00pm
Friday	8.00am – 5.00pm
Closed weekends and public Bank Holidays	

We are recognised by all major insurance companies. We take credit/debit card payments, which can be made by phone

The Cloisters Physiotherapy and Sports Injury Clinic

Get moving again with
 Physiotherapy

Lower Leam Street, Leamington Spa, CV31 1DJ
 Phone Number: 01926 316420 Fax: 01926 886053
 Email: physio@thecloisters.co.uk
www.thecloisters.co.uk